

Education & Children's Services Scrutiny Sub-Committee

Tuesday 4 October 2016
7.00 pm
Ground Floor Meeting Room G01B - 160 Tooley Street, London SE1
2QH

Tabled documents

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6. Review: Local Offer for Care Leavers

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Two presentations are enclosed – one on 'Our offer for Care Leavers' and the other is a presentation from Speakerbox.

Our offer for Care Leavers

Supporting Transitions into Adulthood

Andrew Fowler, Head of Service, Children in Care and Care Leavers







Our Care Leavers Need Parents too

Corporate Parenting for young adults



@lb_southwark

facebook.com/southwarkcouncil



Not always an easy journey



Looked After Children

- 476 Children in Care
- 324 of "Our Children" are with the Care Service
- 27 Unaccompanied Asylum Seeking Children
- 69 17 year olds

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Care Leavers over 18

- · We keep on caring for Our Children
- · Realignment of Care Service
- Care Leaver's Champion: Practice Group Lead (Leaving Care Service)
- 4 Specialist practice Groups: Personal Advisors and Social Workers
- 339 Care Leavers
- 43 Care leavers with Care Service Social Workers (to age 19)
- 296 Care Leavers with Leaving Care Social Workers and Personal Advisors

Where our Care Leavers Live

Type of accommodation	Number
Parents/relatives	36
Community home/residential	9
Semi independent /transitional	89
Supported lodgings	9
Deported	1
Ordinary lodgings with no formal support	4
No fixed abode/homeless	1
Foyer/similar supported lodgings	9
Independent living	80
Emergency accommodation	1
Other accommodation	8
Former foster carers	66

Housing and Accommodation

- Following assessment, Care Leavers are offered a priority Housing Nomination
- Supported accommodation to continue preparation for independence
- Support Workers can be agreed to support transitions
- Care leavers are entitled to a Setting Up home grant of £2,000 when gaining their permanent tenancy

EET and NEET

- Specialist Employment Advisor / Practice Group Leader
- Profiles of each young person completed by allocated worker
- Now established an expert panel of local providers
- · Working towards doing the same for Care Leavers Out Of Borough
- Further Education Bursary: PC, Printer, Annual: £200 Registration, Transport £300
- Higher Education (University) Bursary: Travel £350, Books £100, Vacation Accommodation £1750
- 39 in University
- IT suite for Young people at Talfourd Place

Financial Support

- Pending Benefits Claims
- If ineligible for benefits
- Emergency support / unexpected circumstances
- Deposits and rent payments for privately rented accommodation (e.g. Out Of Borough Care Leavers)
- Higher / Further education

Health

- Health summaries becoming available for our Care Leavers (including physical health and emotional well being).
- Clinical Practitioners embedded in Care Service
- Specialist substance misuse drop in
- CHYP (Children & Young Peoples Health Partnership) through innovations funding looking at proposal to provide specialist training for Personal Advisors around Care Leavers with additional vulnerabilities —e.g. mental health

Personal Advisor's

- Personal Advisors case loads have been reduced to 20 25
- Located together in 4 Specialist Practice Groups
- Training: Developing ideas around core training
- Substance Misuse
- Pathway Planning
- Emotional Wellbeing
- Benefits

Care Panel

- Meets weekly: Chaired by Assistant Director (Corporate Parenting) and Head of Service (Care).
- Ensures that all our Children and specifically our Care Leavers have planning of their placements / Transitions at the fore
- Care leavers move from foster care (if not Staying Put) to semi independent /key worker supported provision, to more independent accommodation through to their own tenancies.
- Panel also provides Quality Assurance: scrutiny of visits, reviews and Pathway Planning by the AD and HOS.

Summary of Key Partners

- · Employment / Education Advisor
- · Benefit's advisor
- Virtual School
- Housing
- Commissioning / Brokerage
- Substance misuse worker
- Advocacy services through Banardos.
- Speakerbox.
- Transitions Service / Adults

Adding Value

- Summer scheme this year for Care leavers: Food, Activities, Hearing their Voices: Opportunity to engage with them in looking at services for the future to ensure we are shaping services they want and need
- · Hearing: what we could have done better as well as what we have done well.
- Support from our office for those in Crisis: Food, Clothes, Showers, washing / drying of clothes, temporary storage of property.

Where we need to be: Ambition

- Stable, permanent and skilled workforce
- Harness expertise through dedicated Care Leaving Service
- Good Pathway Plans
- Developing The Talfourd Hub: Multi agency partners in one place at one time (December 2016)
- Expand opportunities through the Virtual School for college and other provision.
- Close tracking of NEET and multi- partner Interventions and supporting EET
- Tracking Transitions: 17+ Tracking Group chaired by Head Of Service, with representative Personal Advisor, Social Worker and Practice Group Lead Champion (November 2016)
- Improving our health offer through the LAC nurse well person checks in dedicated room at the Talfourd Hub
- Engaging hard to reach young people
- Opportunities for group work activity cooking, budgeting, improving independence
- More effective working from our Clinical Practitioners concentrating on 18+ and out of borough.

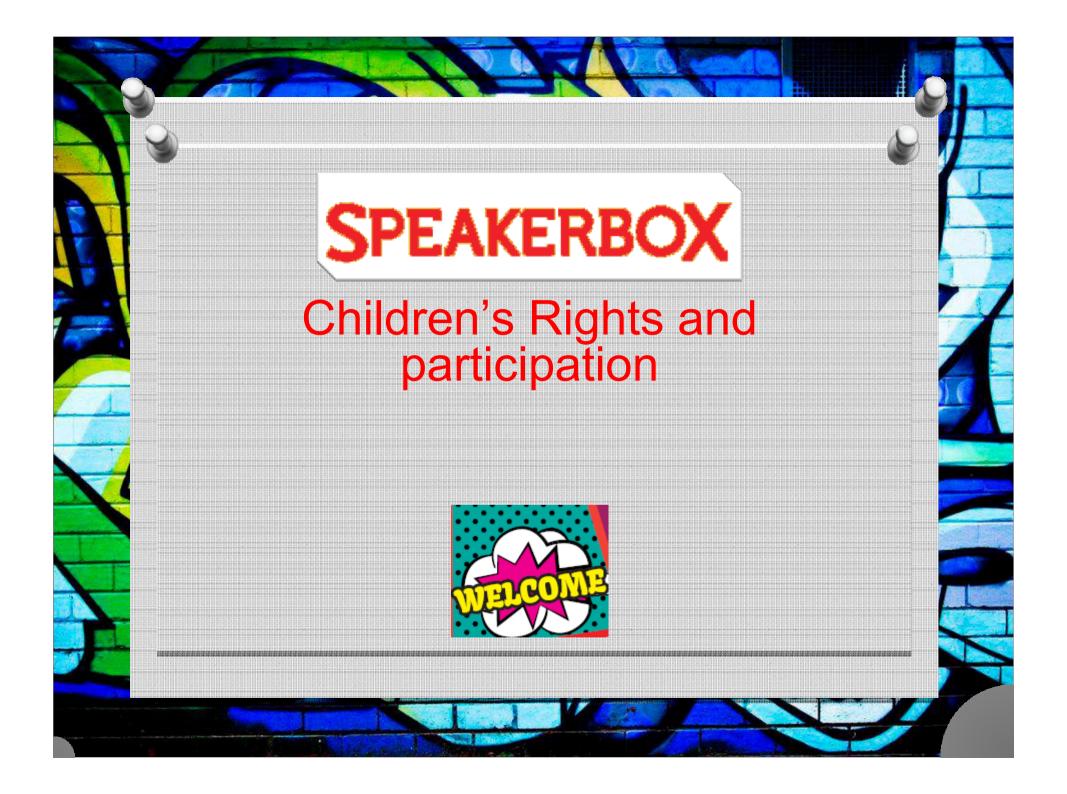
Getting where we need to be...

- Drop in for care leavers where case closed ability to signpost / support (November 2016)
- Co production by young people
- Weekend activities for Care Leavers (November / December 2016)
- Expand leisure opportunities at weekends with support from contracted provider
- Review of social work duty team for Care Leavers will remove the appointment system ready access by young people to Personal Advisors and Social Workers (November / December 2016)
- Forums for Care Leavers in conjunction with Speakerbox to design and review services
- Developing a Care Leaver Covenant.
- Consultations: Listening and doing what is needed

Care Leavers – at the centre of what we do







What is Speakerbox?

- Speakerbox is a group that gives a voice to Children in care & Care Leavers.
- To help make life better for Children in care & Care Leavers.
 - We inform young people of their rights
 - Help young people to make more informed decisions about care
 - Have fun while building relationships

Who works with Speakerbox?

- A Children's Rights and participation worker
- A Speakerbox project worker
- An apprentice sometimes a care leaver!
- Barnados provide an advocacy service for all young people in care and care leavers

The things we do!

- We send out a quarterly magazines to over 700 young people. This has all information about Speakerbox, advocacy, events and contact numbers.
- There is a sensory garden project that we are running at Talfourd and will be running throughout the half terms.
- We run residentials in half terms where we take young people to activity camp sites.
- We also run day trips out for all age groups Primary, Secondary and care leavers.
- Crisis support

A few more things we do

- Speakerbox runs workshops and consultations on a number of topics for the young people to get involved in.
- We produced a guide for care Leavers
- Last year we hosted the annual awards ceremonies for children in care.
- Organise and host the Children in care Council.



Magazine

- This is sent out to over 700 children in care.
- Provides information on Speakerbox, Banardo's and up coming events that each young person can attend.
- There is also a wide range of contact numbers provided to help young people.
- This is a great way to provide information in a fun way for all young people.

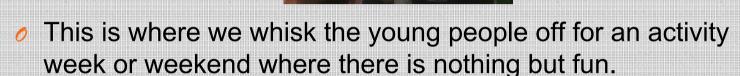


Sensory Garden



- We have regenerated the garden in Talfourd to make this a sensory garden
- Planting a range of different flowers
- Painting walls, floors and steps
- We aim to get the whole garden sensory covering all 5 senses.
- It's a place all young people can call their own, where they can make new friends and feel safe.
- It's a great place where all ages can come together and have some fun!
- 60 young people attending across one week in Summer
- 15 volunteers from across the organisation supporting the scheme.
- Around half of the young people were care leavers (remaining were primary and secondary)
- Barnardos and Young Minds attending and taking referrals.
- A targeted emotional health session with Young Minds.

Residential/Trips



- We do these in the half term weeks and aim to take up to 12 young people.
- In the half term weeks we also arrange day trips out for certain age groups - primary, secondary and care leavers.
- In this picture is where 2 Speakerbox members had to the chance to meet Flawless dance crew and go back stage of Peter Pan.
- In 2014 care leavers had the amazing opportunity to go New York.

Help lines, Chicken & Chat, Barnardo's and Crisis

- These are a number of services that we offer to all young people.
- Help lines are provided if a young person needs additional support.
- Chicken and chat is where we will meet you anytime or place have some food and chat.
- Barnardo's is the advocacy team we use at Speakerbox.
- Crisis support is where we help with arrears, safety with accommodation as well emotional are unhappy with your placement.
 Believe in children
 Barnardo's

Workshops/Consultations

- We offer a range of workshop's and consultations on different topics to help young people for example; 'Getting Vexed', On Relationships, Drug & Alcohol and safety and keeping safe.
- These have been very successful with a great turn out of young people participating.
- This is a chance for young people to attend and tell us how they are feeling, so we can provide them with the right support.
- We work alongside young minds in delivering these services, which as given us a chance to help inform and help a number of young people.

Emotional Health

- We have run some great workshops and consultations related to emotional health which include resilience, mental health, and health.
- We have had a great response to these with great numbers of young people attending.
- These workshops are a chance for young people to come forward and ask questions as well as professions providing information.
- If any young person has any concerns or worries ways to deal with any issues they are facing.



Award ceremony

- This was a great opportunity to celebrate all young people in care.
- We celebrated achievements under the categories of; Sports, education, peer leadership, personal achievement and creative achievement.
- We had young people hosting, singing dancing and playing the guitar.
- We also run a mental health workshop in the space provided as well as a fun photo booth for all to have fun in.
- This was a great evening with loads of fun, laughter and celebration.
 and the great for....



Young Inspectors

- This is for care leavers to get involved with commissioning and report on the quality of semi independent accommodation.
- We check the safety and wellbeing of the young people.
- Report to commissioning any issues with the accommodation.
- This is a chance to get Care leavers involved and make a change.

New

- Wapproject for care leavers
- on are; Pathway planning, accommodation, hard to reach young people and mental health.
- We conduct surveys for care leavers to help us tackle things that need improving.
- One of the main components of the project is completing a consultation with care leavers to understand what they would like to improve in Southwark.
- 1) Wanting more preparation and skills training for being an independent and happy adult
- 2) Quality and location of placement
- 3) Concern over entitlements
- 4) Disengagement or no knowledge of personal pathway plan

Children in care Council

- Local authority function as corporate parents for children in care and care leavers.
- Our aim is to care for the young people in a way that a parent would care for their own children.
- We get young people together to have meetings with councillors to talk about issues and good things about being in care.
- This runs on a termly basis and is a chance for children in care and care leavers to say what they think and what they want Southwark Council to improve or strengthen.

Young People & What we have achieved

- This past year has been a great year for young people and trying to make a change. We have raised a few themes with the children in care council;
- Relationships with foster carers
- Feeling safe in Southwark
- Quality of accommodation
- Pocket money and financial allowances
- Work and training opportunities for children in care and care leavers.
- Support for young mothers.
- What a good foster carer looks like.
- Guide for care leavers was produced
- The 11 golden rules was drawn up!

Thank you for watching!

- We hope you enjoyed learning about what Speakerbox is about.
- Thank you for attending our presentation.
- If you have any questions, please ask!

SPEAKERBOX